



Amy S. Conners
Attorney

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Amy S. Conners is an experienced litigator and has represented clients from global Fortune 100 corporations to individuals on a wide range of legal matters. Amy is observant, agile, and responsive, and works collaboratively with corporate counsel, business leaders and individual clients to find the most efficient way to mitigate risks and solve problems. She has experience in criminal defense, complex commercial litigation, class action defense, professional license defense, securities litigation and arbitrations, healthcare litigation, and intellectual property matters. In addition, she has advised clients regarding compliance in FCC, DOJ, SEC, and international regulatory investigations, and provided guidance on “know-your-customer” policies, FCPA compliance, anti-money laundering policies, warranties, advertising, marketing and promotional materials. A graduate of New York University School of Law, Amy began her practice in New York before returning to the Twin Cities.

Amy has served as Co-Chair of the statewide Minnesota Lavender Bar Association and has been recognized as an “Up and Coming Attorney” by Minnesota Lawyer (2011), selected to the Minnesota Rising Stars (2012-2015) and Super Lawyers (2016-present) lists, and named as a member of the “Best LGBT Lawyers Under 40 – Class of 2012” by the National LGBT Bar Association (2012). She is a Fellow of the American Bar Foundation (2012-present), and a Fellow of the Litigation Counsel of America (2021).

Drawing on her extensive experience as a litigator, and her experience as a Minnesota Rule 114 Qualified Neutral, Amy also acts as a mediator for general civil matters. Amy is available for workplace mediations, pre-litigation mediations, and mediation of matters that are pending before state or federal agencies or in the courts.

Experience

Amy is experienced in all phases of litigation, from pre-suit counseling to trial. Representative cases include:

Litigation and Arbitration:

- › Trial counsel for Fortune 100 Corporation in Southern District of New York Bankruptcy Court in defense of \$300+ million fraudulent transfer allegations regarding complex tax planning.
- › Obtained dismissal of a RICO class action against a Fortune 50 company. In addition, obtained a sanctions award against the plaintiff’s counsel, a national law firm, for various discovery abuses and misrepresentations.
- › Defense of Fortune 100 Corporation in securities fraud class action in District of Minnesota.
- › Defended clients in white-collar crime cases, including allegations of federal mail fraud, bank fraud, misapplication of bank funds, income-tax evasion, and federal false statements.
- › Trial counsel for graphics processor in patent litigation in Western District of Wisconsin.
- › Second-chaired week-long FINRA arbitration. Conducted direct and cross-examinations of numerous fact and expert witnesses.

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- › Lead counsel in FINRA arbitration involving non-traded REIT.
- › Lead counsel for Fortune 100 Corporation in breach of vendor agreement cases.
- › Represented company in large-scale Information Technology (IT), Business Process, Enterprise Resource Planning (ERP), and Finance and Accounting (F&A) outsourcing dispute.
- › Represented state pension fund in legal and accounting malpractice claim related to alleged tax shelter used in sale of several radio and television stations.
- › Represented Twin Cities Pride Festival in First Amendment claim against the Minneapolis Park & Recreation Board, including arguing TRO and dispositive motions;
- › Successfully represented workers trafficked from India to New Orleans after Hurricane Katrina in immigration court.

Internal Investigations and Compliance:

- › Represented clients regarding compliance, including responses to FCC Civil Investigative Demands, DOJ Civil Investigative Demands, and federal subpoenas regarding advertising, marketing and promotional materials, and anti-fraud policies.
- › Represented Minnesota Vikings in an internal investigation regarding a former employee.
- › Represented Fortune 100 Corporation in an internal investigation regarding employee's acceptance of bribes relating to \$40+ million fraud scheme involving parts bidding system.
- › Represented public companies in SEC, FINRA, and international regulatory investigations relating to the FCPA, stock options backdating, revenue recognition, and compliance with anti-money laundering policies.

Areas of Practice

Litigation
Government and Internal Investigations & Defense
Workplace Investigations
Employment Litigation
Non-Compete & Trade Secret Litigation
Conflicts Litigation Counsel & Special Projects
Bankruptcy Litigation & Motions

Education

J.D., New York University School of Law,
Review of Law & Social Change, Executive Editor
B.A., English and History, St. Olaf College

Admissions

State of Minnesota
State of New York
U.S. District Court, District of Minnesota
U.S. Court of Appeals for the Second Circuit
U.S. Court of Appeals for the Eighth Circuit
U.S. Court of Appeals for the Ninth Circuit
U.S. District Court, Eastern District of New York

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U.S. District Court, Southern District of New York

Supreme Court of the United States

Firm News/Articles

- › Twenty Best & Flanagan Attorneys Recognized as 2025 Super Lawyers and Rising Stars
- › Twenty Best & Flanagan Attorneys Recognized as 2024 Super Lawyers and Rising Stars
- › Nine Best & Flanagan Attorneys Recognized as North Star Lawyers
- › Nineteen Best & Flanagan Attorneys Recognized as 2023 Super Lawyers and Rising Stars
- › Women's History Month at Best & Flanagan
- › Amy Conners Honored at Minnesota Lawyer's Diversity & Inclusion Awards
- › Fifteen Best & Flanagan Attorneys Recognized as 2022 Super Lawyers and Rising Stars
- › Nine Best & Flanagan Attorneys Recognized as North Star Lawyers
- › Celebrating Women's History Month
- › Best & Flanagan Helps Secure Victory for Transgender Student Alleging Discrimination by Minnesota School District
- › Best & Flanagan Attorneys Recognized as 2021 Super Lawyers and Rising Stars
- › Eleven Best & Flanagan Attorneys Recognized as North Star Lawyers
- › Federal Bar Association Elects Best & Flanagan Attorneys to Leadership Positions
- › Class Action Settlement Provides Substantial Relief to Best & Flanagan Clients
- › Virtual Women in Law & Leadership Summit
- › Best & Flanagan's Appellate Team Prevails in Eighth Circuit and Minnesota Supreme Court
- › Twenty Best & Flanagan Attorneys Recognized as 2020 Super Lawyers and Rising Stars
- › Ten Best & Flanagan Attorneys Named 2019 Minnesota Super Lawyers
- › Court Camp
- › Best & Flanagan Attorneys Elected to Leadership Positions with the Federal Bar Association
- › She Leads
- › Amy Conners to Speak at Compliance Intensive for In-House Counsel and Compliance Stakeholders
- › Nine Best & Flanagan Attorneys Named 2018 Minnesota Super Lawyers
- › Court Camp: A Pilot Program
- › Best & Flanagan Attorneys Appointed to Leadership Positions with the Federal Bar Association
- › Ten Best & Flanagan Attorneys Named 2017 Minnesota Super Lawyers
- › Ten Best & Flanagan Attorneys Named 2016 Minnesota Super Lawyers
- › Important Update for Employers Regarding EEOC and Sexual Discrimination
- › D.C. Circuit Again Defends Attorney-Client Privilege Protections in Internal Investigations
- › Confidentiality Agreements Should Not Discourage Whistleblowers

Professional Associations

- › Minnesota Lavender Bar Association, former Co-Chair (2012-2013)
- › Minnesota State Bar Association
- › Hennepin County Bar Association
- › Minnesota Women Lawyers
- › Trial Law Institute, Member
- › Diversity Law Institute, Member

Seminars & Publications

- > *"D.C. Circuit Again Defends Attorney-Client Privilege Protections in Internal Investigations"*
- > *"Confidentiality Agreements Should Not Discourage Whistleblowers"*
- > *"Representing the Human Element"*

Awards & Recognition

- > Honoree, Minnesota Super Lawyers, 2016-present
- > Top Lawyers in Minnesota, *Minnesota Monthly*, 2022-present
 - > White Collar Criminal Defense
 - > Commercial Litigation
- > Diversity & Inclusion Awards, *Minnesota Lawyer*, 2022
 - > [Transgender Student Rights Group](#)
- > North Star Lawyer, Minnesota State Bar Association, 2020-2021, 2023
- > Honoree, Minnesota Rising Stars, 2012-2015
- > Fellow, Litigation Counsel of America

